

Community
Resources
Spotlight





United Healthcare

Services Provided

Medicaid provides health insurance for some low-income people, children, pregnant women, the elderly and people with disabilities. In some states, Medicaid covers all low-income adults below a certain income level.

Cost and Eligibility

We offer Star Plus Medicaid with added values to the community. No cost, must be Medicaid eligible.

Service Areas

Tarrant (Denton, Hood, Johnson, Parker, Tarrant and Wise)

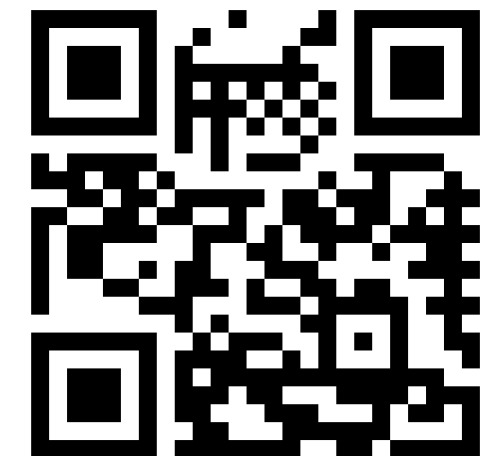
Contact

LaShanda Counts

Email: lashanda_counts@uhc.com

Phone: 763-361-2460.

Scan to learn more!





Services Provided

Asthma affects thousands of children in Texas – causing frequent sick days for them and missed work days for you.

Our nationally certified Asthma Management Program helps children ages 18 and younger with an asthma diagnosis better manage their condition to experience symptom-free sleep, learning and play.

Our 3 – 6 month program focuses on asthma education and care coordination for your child and all the important caretakers in their life.

Service Areas

The program serves 7 counties including Collin, Dallas, Denton, Ellis, Kaufman, Rockwall, and Tarrant.

Cost and Eligibility

- No cost
- Diagnosis of asthma
- Ages 18 yrs and under (if under 2 yrs of age, must be followed by a specialist)
- Geographical Location: 7 counties including Collin, Dallas, Denton, Ellis, Kaufman, Rockwall, and Tarrant
- Participant is a member of a payor source (commercial, private, or government funded) and has a Health Care Provider (HCP)

Contact

Pamela Rogers

Email: asthma.mgmt@childrens.com

Phone: 214-456-LUNG (5864)

Scan to learn more!





Services Provided

Cook Children's asthma initiatives are designed to create a healthier home environment for children with asthma and their families. Our goal is to increase the quality of life for children with asthma and their families, promote asthma education and reduce the number of visits to the school nurse and emergency room for asthma.

We have several educational materials (print and digital) to help families manage asthma triggers in the home environment. This includes a brochure about asthma, a one-pager and booklet about environmental trigger remediation, and a series of videos about asthma management.

Contact

Email: HealthyHomes@CookChildrens.org

Courtney Barnard, EdD, LMSW-AP Email: Courtney.barnard@cookchildrens.org

Marquetta Jones, MPH, CHW; Ph: [682-201 4391](tel:682-201-4391); Email: Marquetta.jones@cookchildrens.org

Service Areas

Collin, Denton, Grayson, Hood, Johnson, Parker, Tarrant, and Wise Counties

Cost and Eligibility

Education is freely accessible to the public, with our services offered at no cost and all information easily downloadable from our website.

Scan to learn more!





DCHHS
Dallas County Health and Human Services
*Healthy People Healthy Communities
Health and Social Equity*



Services Provided

The mission of the Chronic Disease Prevention Division (CDPD) is to promote and support Dallas County Health and Human Services overall mission of optimizing and protecting the health of the citizens of Dallas County.

To this effect, the CDPD strives to prevent chronic diseases and reduce health inequities by addressing environments, systems, and behaviors that are associated with chronic diseases and precursors.

The CDPD offers free programs and services related to Diabetes Prevention and Management, Obesity & Hypertension Prevention and Management, Tobacco Use, Control, and Prevention, Cancer Prevention, physical activity, urban agriculture, health education and promotion, and Asthma Control.

Cost and Eligibility

Services are free. Must be a resident of Dallas County. Call for individual program eligibility criteria.

Contact

Chronic Disease Prevention Division
Email: chronic.disease@dallascounty.org
Phone: 214-819-5115

Service Areas

Dallas County

Scan to learn more!





POSITIVE BREATHING
HEALTHY LUNGS, HAPPY KIDS

Services Provided

Many of our services take place at community health fairs, school events, and seminars. For example, we give out resources and answer questions at fairs. We give instructional talks about asthma at the elementary and secondary school levels. “Asthma in the Daycare Setting,” is our seminar for daycare personnel and parents.

We offer:

- Screenings (Pulmonary Function Testing and Asthma Control Testing)
- Education
- Case Management
- Asthma Supplies
- Asthma Medication Assistance (peak flow meters and spacers)

Cost and Eligibility

Services are free. No eligibility requirements.

Service Areas

Dallas County

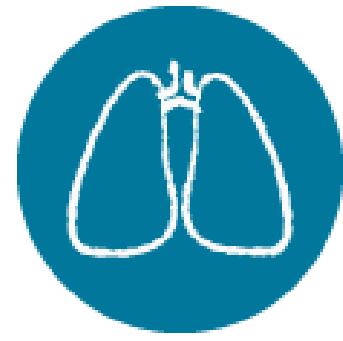
Contact

Shammara Norris

Phone: 469-245-7994

Scan to learn more!





ASTHMA 411

Services Provided

Asthma 411 is a comprehensive, evidence-based program in Tarrant County provided by a large group of healthcare partners. Asthma 411 provides resources for school nurses to help children who have trouble breathing. As part of the program, a school nurse can give a breathing treatment to a child who is struggling to breathe while at school.

Asthma 411 also provides learning tools for schools and families. These learning tools help children and families understand asthma better. When families understand asthma better, they can help their child feel more in control of breathing and improve asthma symptoms.

Cost and Eligibility

Services are free. No eligibility requirements.

Service Areas

Tarrant County and accross the state of Texas

Contact

Juana Escobedo Bermudez

Email: juana.escobedobermudez@unthsc.edu

Phone:(817) 735-7637

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Parkland

Services Provided

Parkland provides comprehensive care to its patient population including adult, pediatric, geriatric, and female health services. Our mission is to serve the indigent population of Dallas County. Our Community Oriented Primary Care (COPC) clinics serve as our outlets for the at large population of Dallas County to receive primary care services.

Cost and Eligibility

We are able to provide services to those without insurance.

Service Areas

Dallas County

Contact

Call: 214-266-4000 to make an appointment.
Request an appointment online: Parkland MyChart, the online patient portal. Go to [MyChart.pmh.org](https://mychart.pmh.org)
Email: Parkland Community Health Worker at CHW@phhs.org for help getting asthma care.

Scan to learn more!





Services Provided

CPAL is working to reduce the child poverty rate by 50% in a single generation. CPAL operates as an unofficial R&D department for Dallas, rethinking how data can be integrated into public systems, community programs, and neighborhood life to break cycles of intergenerational poverty.

CPAL focuses on impactful, evidence-based strategies aligned with five 'big bets' for driving economic mobility in Dallas: Benefits Delivery, Maternal Health, Housing, Criminal Justice, and Safety.

CPAL provides data, research, and analysis on issues related to poverty Dallas. We also work to develop and test pilot interventions. We can help nonprofits, government agencies, and other stakeholders with their data needs.

Cost and Eligibility

Services are free. No eligibility requirements.

Service Areas

Dallas Area

Contact

Joey Blatt, Director of Housing Impact
Email: joey@cpal.org

Scan to learn more!





Services Provided

Our Lung HelpLine Navigators empowers people to understand and seek treatment for their lung health issues and make lifestyle changes to effectively manage a full range of serious lung diseases and/or prevent diseases from occurring. It is important that individuals and their caregivers can find trusted, accessible, evidenced-based, and accurate information and programs to help manage their lung health and lead a full life.

Education can improve self-management, provide skills for coping with anxiety and other mental health challenges, and improve overall health status, especially as measured by quality of life and increased ability to participate in everyday activities.

Service Areas

Nationwide

Contact

Call: 866-252-2959

Email: HelpLineInfo@Lung.org

Cost and Eligibility

No cost. Please consider joining as a referral agency or sharing with your network!

Scan to learn more!

